Read this document completely before signing. Its effect is to release the sponsors and CSU from any liability resulting from your participation in the below named activity and waives all claims for damages or losses against the sponsors and CSU.

**Release From Responsibility, Assumption of Risks and Waiver**

In consideration of my being permitted to participate in the following activity: Homecoming Race at Colorado State University, on Saturday, October 17, 2015, I, (print name) exercising my own free choice to participate voluntarily in the above named activity, and promising to take due care during such participation, hereby release and discharge, indemnify and hold harmless the Department of Health and Exercise Science, the Board of Governors of the Colorado State University System, Colorado State University, and their members, officers, agents, employees, and any other persons or entities acting on behalf, and the successors and assigns for any and all of the aforementioned persons, and entities, against all claims, demands, and causes of action whatsoever, either in law or in equity, relating to injury, disability, death, or other harm, to persons or property of both, arising from my participation in and/or at the above listed activity.

I acknowledge that I have been informed of hazards and risks which may be associated with participation in the above mentioned activity. I understand, accept, and assume these hazards and risks, and waive all claims against the Department of Health and Exercise Science, the Board of Governors of the Colorado State University System, and Colorado State University, and other persons as set forth above. I understand that I am solely responsible for any costs arising out of any bodily injury or property damage sustained through my participation in normal or unusual acts associated with the above named activity.

I have had sufficient time to review and seek explanation of the provisions contained above, have carefully read them, understand them fully, and agree to be bound by them. After careful deliberation, I voluntarily give my consent and agree to this Release from Responsibility, Assumption of Risk and Waiver.

I understand that dogs will not be allowed at the Oval or in the race.

Read and acknowledged this day of ______________, 2015.

Signature of the person whose name appears above: __________________________

Signature Witness: __________________________

If participant is under the age of 18, his/her parent or legal guardian must also sign: I, (print name) am parent or legal guardian of the participant who has signed above. I have read and understand the provisions of this document. I consent to the participant participating in the activity described above, and fully enter into and agree to the above Release from Responsibility, Assumption of Risk and Waiver.

Signature Date: __________________________

I understand that dogs will not be allowed at the Oval or in the race.

www.hes.chhs.colostate.edu/homecoming
The course is flat and entirely on campus. The 5-kilometer race starts and finishes at the beautiful CSU Oval. Come join in the race and enjoy the festivities prior at 8:00 a.m. the 35th Annual Homecoming 5K Race on Saturday, October 17, State University Student Wellness Club invite you to participate in The Department of Health and Exercise Science and the Colorado For the safety and peace of mind of all children and adults at this event, with a Morning Walk or Run Celebrate Homecoming at the Oval or in the race.

SHIRT AND RACE BIBS Race entry includes a uniquely designed long-sleeved T-shirt plus a timing chip coded race bib. Pre-registrations done in person at one of the registration locations will receive their Racing Bib and their T-shirt at the time of registration. Online and mail-in registrations may be picked up M-F from 8:00 a.m. to 4:30 p.m., until noon on Friday, Oct. 16, at the Department of Health and Exercise Science main office. Please allow us 72 hours to process online registrations. You may call us at (970) 491-5081 for directions to the pickup location in Moby and to see if your race bib is ready. After pre-registration T-shirt sizes are limited so you are encouraged to register early.

SHOW YOUR RAM PRIDE AND SAVE! Each race participant will receive a coupon to the CSU Bookstore for a special money saving promotion.

KIDS FUN RUN AT 9:00 A.M. A free Kids Fun Run will take place at 9:00 a.m. at the Oval after the 5K event. There will be a 0.3 mile course for kids under 5 and a 0.7 mile course for kids 5 to 12. All finishers will receive ribbons.

The Homecoming Run is the eighth race in the 17th annual “Healthy Kids Run Series” sponsored by the Healthy Kids Club, University of Colorado Health. Kids who participate in four or more of the eight runs in the series earn prizes! For more information on the series visit www.ucchealth.org.

Current card holders for the Fit Teen Run Series can get discounted prices. Visit www.uchealth.org for more information.

Race Day Events
Registration will start at 6:30 a.m. the morning of the race at the Oval and will close promptly at 7:45 a.m. The National Anthem will be played at 7:55 a.m.

The 5K Race begins at 8:00 a.m., at the NE corner of the oval.

AWARDS First, second, and third place finishers in each of the age divisions listed below will receive a hand-crafted piece of pottery by local artist T.S. Berger. There also will be a prize drawing during the awards ceremony. Race entrants must be present to win.

Men & Women each:
10 and under: 20-29
11-14: 30-39
15-19: 50-59

No refunds will be available. Credit card registration is only available online at Colorado State University Wellness Club.

For the safety and peace of mind of all children and adults at this event, NO DOGS will be allowed at the Oval or in the race.

Runners and Walkers Are Welcome!

2015 5K Homecoming Race Entry Form Please Print Clearly
Name _________________________ Sex ____________
Address _______________________
City ___________________________
State __________ Zip Code ______
Phone ( ) _____________________

Please check all that apply below.

q CSU Student   q Adult Fitness Participant
q CSU Faculty/Staff   q HES Noon Hour Participant
q Fort Collins Community Member   q Alumnus/Alumna: College or Dept.
q PSD Student, School   q From Outside the Fort Collins Area
q Other _______________________

Shirt Size: q S   q M   q L   q XL
Please check the appropriate box.

q Early bird registration by 4 p.m. on Friday, Oct. 9: $25.00
q Pre-registration by 12 p.m. on Friday, Oct. 16: $30.00
q Race Day registration: $35.00
q Children 12 and under, only if pre-registered by 4 p.m. on Friday, Oct. 9: $20.00

Call (970) 491-5081 for discount information with groups of 20 or more.

No refunds will be available.

Make checks payable to: Colorado State University Wellness Club
Credit card registration is only available online at www.hes.chhs.colostate.edu/homecoming.

Please mail to: Homecoming Race Department of Health and Exercise Science 1582 Campus Delivery Fort Collins, CO 80523-1582

Please read and sign the release form on the reverse side of this form. You cannot participate without signing this form.

Timing and Scoring provided by Runlimited.